

**2018-19 Sports Calendar**

Sports	First Practice	First Contest	End of Season	Contests Allowed*	Tournaments Allowed	50% of team
<b>FALL</b>						
<b>Volleyball</b>						
Varsity	Aug. 6	Aug. 23	Nov. 1	15 dates	Weekends only ++	3
Jr. High/Middle	Aug. 6	Aug. 23	Oct. 13	10 dates	Weekends only++	
<b>Football</b>						
Varsity	Aug. 6	Aug. 23	Dec. 7	10	n/a	6
Jr. High/Middle	Aug. 6	Aug. 30	Nov. 1	8	n/a	
<b>Cross Country</b>						
Varsity	Aug. 6	Aug. 23	Nov. 10	10	n/a	5
Jr. High/Middle	Aug. 6	Aug. 23	Oct. 20	8	n/a	
<b>Swimming</b>	Aug. 6	Aug. 23	Dec. 1	8	n/a	
<b>WINTER</b>						
<b>Basketball</b>						
Boys/Girls Varsity	Oct. 15	Nov. 5	Mar. 2	30	(counted in total games allowed)+=	3
Jr. High/ Middle	Sept. 17	Oct. 8	Feb.2	24		
<b>Bowling</b>						
Boys/Girls Varsity	Oct. 1	Oct. 22	Jan. 25	18 dates	5	3
Jr. High/ Middle	Oct. 1	Oct. 22	Jan 6	12 dates	2	
<b>Wrestling</b>						
Varsity	Oct. 29	Nov. 15	Feb. 16	14 dates	Weekends only++	7
Jr. High/ Middle	Oct. 22	Nov. 8	Feb. 7	8 dates	Weekends only++	
<b>Indoor Track</b>						
Varsity	Nov. 9	Nov. 30	Feb. 2	4	1 holiday meet++	
Jr. High/Middle	Nov. 9	Nov. 30	Jan. 26	3	1 holiday meet++	
<b>SPRING</b>						
<b>Tennis</b>						
Girls Varsity	Jan. 14	Feb. 4	April 23	18 dates	3	3
Boys Varsity	Jan. 14	Feb. 4	April 23	18 dates	3	
Jr. High/Middle	Jan. 14	Feb. 11	April 12	10 dates	2	
<b>Soccer</b>						
Varsity	Jan. 21	Feb. 11	May 11	18 (4A-5A, 6A)	2^	
Jr. High/Middle	Jan. 21	Feb. 11	April 27	20 (1A-3A,7A) 14	2^	
<b>Softball (throwing 1/7**)</b>						
Varsity	Jan. 28	Feb. 18	May 18	18 games	7++	5
Jr. High/Middle	Jan. 28	Feb. 18	April 25	14 games	5++	
<b>Baseball (throwing 1/7**)</b>						
1A-6A Varsity	Jan. 28	Feb. 18	May 18	28 games >	(counted in total games allowed)	5
1A-6A JV/Jr. High/ Middle	Jan. 28	Feb. 18	April 18	24 games>		
7A Varsity				32 games>		
7A JV/Jr. High/ Middle				26 games>		
<b>Golf</b>						
Girls Varsity	Jan. 28	Feb. 18	May 14	14 dates	Only weekend tournaments included in playing dates.	3 for boys 2 for girls
Boys Varsity	Jan. 28	Feb. 18	May 14	14 dates		
Jr. High/Middle	Jan. 28	Feb. 9	April 22	8 dates		
<b>Outdoor Track</b>						
Varsity	Feb. 8	Feb. 28	May 4	10	n/a	
Jr. High/Middle	Feb. 8	Feb. 28	April 25	8	n/a	

KEYS & EXPLANATION \*=Includes only regular season contests per school. \*\*Throwing conditioning (gloves & balls only) +=Not counted as playing dates. +++Must be held with no loss of school time; N/A=Not applicable ^ Third soccer tournament allowed (no loss of school time) with each match counting as a regular season match. **NOTE:** In all sports, a team's season ends when the team is eliminated in the state championship program. A team's season begins the day of its first contest in that sport. > Games played during the schools spring break do not count in the total games allowed. (See Baseball section in 2018 Sports Book)